

Aleen Andreou



Aleen's personal motto is "making a positive difference". She passionately lives by this in her professional and personal life.

In her professional capacity Aleen is a facilitator, coach and trainer in the fields of Communication Skills Conflict Management, Presentation Skills, Stress Management, and Time Management

She also holds the position of Office Manager for the "Peter Andreou Group", which keeps her close to the business realities that her own clients face. Thus the approach she uses in her work with clients is always highly practical and goal focused. Using her enthusiasm and open style she helps people discover new ways of thinking and behaving. She ensures that these are implemented in the workplace by the clear and specific "skills training" she delivers.

Her clients include local businesses as well as multi-nationals such as Grohe, GSK. Inchcape, NCR, A.C Nielsen and Reuters.

Aleen started her professional life in teaching mathematics in 1985 after having gained a B.Sc. (Hons) degree from the University of London. In 1991 she joined the Peter Andreou Group, in a support role to senior consultants, conducting research projects in private and semi-government organizations, throughout Cyprus and the Middle East. After 4 years experience, in 1995 Aleen decided to use her acquired analytical and communication skills in a wider forum - she moved on to become a trainer. To prepare her, for her then new role, she received training at TMI's learning centre in the UK. She has been authorized by TMI to work in the productivity and relations area.

In her private life, Aleen volunteers her services to non-profit-making organizations to improve the communication and presentation skills of the public at large. She has worked with "Rotary", "Toastmasters International" and the, "Young Volunteers".